



Professional interest

One-on-one Coaching for personal and professional development, for the (re)discovery of the Joy of Live in harmony with self and the environment.

Personal development and self-knowledge programs

Self-knowledge trough psychodrama

Trainings and self- knowledge seminars with Andre Moreau and Spersa Kreiss
Emotional freedom technics and energetic healing technics
Hypnosis Seminar with NLP Resonanz Method

Projects

- Group coaching for women who are confronted with infertility
- Coaching for couples experiencing infertility
- Individual coaching for health

Training / Coaching / References

- Trainings in **NLP**
- **Practitioner NLP**
- **Master NLP**
- Trainings in **NLP Coaching**
- Trainings in optimize communication abilities through **NLP Resonanz**
- **Family Constellation**

Personal profile

Alina Bob

Cluj-Napoca
România
T +40 (0)745-326337

Partener at Institut
Kutschera

a.bob@kutschera.org
www.kutschera.org



Education

1999 Self- knowledge trough psychodrama
2000 Degree in Social Work
2002 Master in Psychology Counseling
2003 NLP-Resonanz-Practitioner
2005 NLP-Resonanz-Master
2007 NLP-Resonanz-Coach
2007 NLP-Resonanz-Trainer

Specializations

- **NLP-Resonanz-Practitioner, Master, Coach**
- **NLP-Resonanz Life Coaching**
- Telephone counseling for teenagers
- Training seminar "12 Step Program Alcoholics Anonymous Drug Alcohol & Recovery"
- Psychotherapist in Family Therapy Method
- School pathology course
- Marriage and family counseling seminar
- Self-knowledge and personal development seminars with Andre Moreau, Spersa Kreis and Terenia Mocna
- Motivation and communication training